



Hello!

Thank you for taking the time to read the following information, and to learn about this deliberating condition that shouts for support and understanding, and begs for awareness.

This pack is for your convenience. Inside the pack you will find:

- Three Posters relevant to your place of work,
- a Flyer

Please make best use of these resources. Print them, pin them to your noticeboard and handout the flyers to parents as necessary.

You will also notice in the pack there are a couple of PDFs for you to read to help you become familiar with Selective Mutism.

One of the PDF's covers Frequently Asked Questions. Please take the time to read it and to better understand this condition. The other PDF tells you about Selective Mutism, gives advice on how to work with it, and has a short introduction to "The Sliding in Technique." Feel free to print these to share with the parent as well.

At VOICE, we strive to help professionals, teachers and caregivers as much as we do parents and sufferers themselves, and encourage you to contact us at any time with any further questions or requests for guidance.

We are happy to help as much as we can.

Thank you

Kind Regards

Toni Pakula, Kathryn Harper, Rachel Dell and Anna Brooks.
(Trustees of VOICE)